

Did you miss MWR's annual **9/11 Memorial Stair Climb** event on September 9?



No worries, you can still make it!

Every year, MWR Sports hosts a **9/11 Stair Climb event** to honor the 343 FDNY firefighters who lost their lives on 9/11. We climb the 110 stories of the World Trade Towers (or as many as you can) to honor and remember the heroes we lost that day.

**Climb or walk the stairs at Doughboy Stadium OR the Step Mill at Smith Fitness Center any day in September; fill out this form and turn it in at the front desk at Smith Fitness Center to receive your 9/11 9/11 Decal/Sticker.**

For any questions, please contact Jamie Milburn, Fitness Coordinator, [jamie.m.milburn.naf@army.mil](mailto:jamie.m.milburn.naf@army.mil). *Must be completed and submitted latest by September 30, (while supplies last).*

Name	
Email	
Date	
Date Completed	

Step Tracker (check one):

Doughboy Stadium Stairs – 4 laps (see map)	
Step Mill – 2,071 steps total	

