



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
IMCOM DIRECTORATE - TRAINING
1 KARKER STREET, MCGINNIS-WICKAM HALL
FORT BENNING, GEORGIA 31905-5000

AMIM-BEW-A (608)

MEMORANDUM FOR Directorate of Family and Morale, Welfare and Recreation, ATTN:
AMIM-BEW-A, Fort Benning, GA 31905

SUBJECT: Minutes of the Fort Benning Garrison Community Leader Information Forum

1. The January Community Leader Information Forum (CLIF) minutes are
approved/disapproved.

2. POC: Mr. Leonard Andrews, DFMWR, ACS Specialist, 706-545-8783.

A handwritten signature in black ink, appearing to read "Colin Mahle".

COLIN P. MAHLE
COL, IN
Garrison Commander

CF:
Each Member



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
IMCOM DIRECTORATE - TRAINING
1 KARKER STREET, MCGINNIS-WICKAM HALL
FORT BENNING, GEORGIA 31905-5000

AMIM-BEW-A (608)

10 January 2023

MEMORANDUM FOR Garrison Commander, Fort Benning, GA 31905

SUBJECT: Minutes of the Fort Benning Garrison Community Leaders Information Forum

1. The Fort Benning Garrison Community Leaders Information Forum (CLIF) panel convened at 1030 on 10 January 2023 via Facebook Live from the Army Community Service (ACS) Auditorium, Building 7.

2. Panel Members Present:

COL Colin P. Mahle	Garrison Commander
Ms. Patricia Lamson-Poeschel	Acting Director, Family & Morale, Welfare and Recreation (DFMWR)
Mr. Joseph Labranche	Operations Officer, Director of Emergency Services (DES)
LTC Melinda Wallace	Deputy Commander for Administration, Martin Army Community Hospital (MACH)
Mr. Stephen Paquette	Director of Religious Education, Religious Support Office (RSO)
Mr. Sam Shinault	General Manager, Army and Air Force Exchange Services (AAFES)
Ms. Kimberly Collins	Community Director, The Villages of Benning
Ms. Stacy White	Store Manager, Defense Commissary Agency (DeCA)
Ms. Sarah Bostic	Executive Assistant, United Service Organizations (USO), Southeast

3. The CLIF panel and briefers provide valuable information for senior spouses/leaders to share with their units. Today's topic: Wellness.

4. Community Calendar Update. Ms. Sheri Peters highlighted upcoming events from the Community Calendar.

- a. 12 Jan 23: Housing Residents Forum, ACS Auditorium, 1800-1930
- b. 13 Jan 23: Martin Luther King Day Training Holiday
- c. 16 Jan 23: Martin Luther King Day Federal Holiday (Observance)

AMIM-BEW-A (608)

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

- d. 18 Jan 23: Martin Luther King Day Observance, Marshall Auditorium, 1100-1200
- e. 27 Jan 23: CG's Golf Scramble, Fort Benning Golf Course, 1200-1600
- f. 28 Jan 23: Decade Dash, Doughboy Stadium, 0900-1100
- g. 1 Feb 23: MCoE CSM Relinquishment of Responsibility, TBD, 1100-1230
- h. 7 Feb 23: CLIF Meeting, Spring Break Fun, ACS Auditorium, 1030-1200
- i. 15 Feb 23: Walking Town Hall, TBD, 1600-1730
- j. 17 Feb 23: Presidents Day Training Holiday
- k. 20 Feb 23: Presidents Day Federal Holiday
- l. 22 Feb 23: Black History Month Observance, Marshall Auditorium, 0800-1700
- m. 23 Feb 23: A Better Benning Forum, Benning Club, 0830-1530
- n. 24 Feb 23: CG's Golf Scramble, Fort Benning Golf Course, 1200-1600

For more information visit <https://mec.high.powerappsportals.us/community-calendar/> to find upcoming community events and graduations.

If you would like to provide your feedback about the CLIF, (e.g., program improvements, program topic, and program speaker suggestions) please visit https://benning.armymwr.com/application/files/5616/6687/4156/FORT_BENNING_CLIF_FEEDBACK_FORM_26_OCT_2022.pdf to access our new Feedback form for your submission. Email your input to Leonard Andrews at leonard.l.andrews2.civ@army.mil.

5. Community Forum:

a. Women's Health – SSG Emily Dwyer provided an overview of Women's Health Clinic services at MACH. MACH has seven OB/GYN physicians on staff who manage the care of a select population throughout the pregnancy and post-partum period, co-managed with local Maternal Fetal Medicine specialists. MACH surgeons are certified through the American Board of Obstetrics and Gynecology to provide surgery for a wide range of conditions, including sterilization (tubal ligation) and hysterectomy, to list a few. Basic urogynecology medical management (Well Women Exams) requires a primary physician referral. An on-staff case manager oversees complex cases to help coordinate local and regional care. The new Walk-In Contraception Clinic, located in the Women's Health Clinic on the 5th Floor, opened 4 November 2022. This clinic only services active-duty service members. Dependents can request a referral through their primary physician to be seen in this clinic. Hours of operation are Wednesday 0800-1200. Labor and Delivery Unit has a five-bed state-of-the-art unit with a three-bed triage area. They average 50 new births monthly and provide care to over 200 triage patients monthly. Labor and Delivery births at 36 weeks are greater, and any premature or high-risk births are referred to the local medical facilities. MACH is 100 percent compliant with the evidence-based DHA Protocol for early recognition and treatment of Post-Partum Hemorrhage (PPH). TRICARE and Humana cover breastfeeding support at Fort Benning. The Mother Baby Unit is a 12-bed unit with single private inpatient rooms, newborn room-in with mom. MACH has a Level 1

AMIM-BEW-A (608)

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

Well-Newborn Nursery to provide neonatal resuscitation for emergencies. Hours of operation are Monday-Friday 0730-1630. For inquiries or appointments, call (762)-408-2722; option 3-1-4.

b. MACH Pharmacy – CPT Jacob Boice briefed over 80 percent of patients using the pharmacy were seen in under an hour in November. The peak pharmacy times are 1100-1400. The best times for service are 0700-1100 and after 1400. The Q-Anywhere service is a text messaging pharmacy contact method available Monday-Friday, 0800-1600. Once you complete the request through text, you may receive a text message when your prescriptions are ready. Martin Army Community Hospital Pharmacy will take two business days to process paper prescriptions. Please ensure that your provider places the electronic prescriptions service to save time and prevent medication errors. For more information, visit www.tricare.mil/pharmacyformulary/.

c. MACH Behavioral Health – LTC Mark Wessler briefed that January to March historically yields higher utilization for Behavioral Health services across Fort Benning due to post-holiday financial stress, relationship difficulties, and substance misuse. MACH's Department of Behavioral Health is currently short on adolescent prescribing capabilities, and patients will likely receive community referrals. To offset the upcoming change, MACH Behavioral Health will extend hours of operations and expect operations to return to normal in May 2023. Dependents are encouraged to use available resources for care, such as Telemynd (Virtual) at 1-866-991-2103 or <https://www.telemynd.com/military>. Dependents can also go off post without a referral, which is part of the TRICARE agreement. For more information, call (762)-408-4073.

d. Army Wellness Center (AWC) – Mr. Douglas Terza highlighted AWC prevention programs and services that promote enhanced and sustained healthy lifestyles to improve the overall well-being of service members, their Families, Civilians, and retirees. Some AWC services include Body Composition Analysis, Healthy Nutrition (Metabolic Testing), and Stress Management. As of 1 January 2023, the Physical Fitness Assessment testing is now available. Health Coaching is also available to empower individuals to set their own health goals and achieve them. All AWC services are free and self or medical referrals are accepted. Hours of operation are Monday-Friday 0700-1600. For more information, call (706)-544-9142.

e. Ready and Resilient (R2)– Mr. Matthew Halliday briefed that R2 Performance Centers provide training and education resources at 32 R2 Performance Centers Army-wide and operate in three domains: resiliency, optimized performance, and team building. R2 contractors can provide one-on-one sessions, one-time classes, or multi-day workshops. All services are free to service members, dependents, and DA Civilians. The R2 Performance Center offers Academic Performance Training (APT) workshops to assist

AMIM-BEW-A (608)

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

students with study skills and techniques that help accelerate learning. For more information, call (706)-626-8563.

f. DFMWR Sports and Fitness – Ms. Lori Smith briefed Fort Benning has five fitness centers on the installation. Smith Fitness Center is the largest at 100,000 square feet and offers a variety of fitness activities, along with 24/7 access. Audie Murphy on Main Post, Kefurt on Kelley Hill, and Whittington at Harmony Church Fitness Centers operate as functional fitness centers. Whittington Fitness Center also offers 24/7 access. Santiago Fitness Center on Sand Hill offers traditional equipment with a basketball court. The Aquatics pools, Smith and Briant Wells, offer indoor pools, with Briant Wells operating primarily as a mission swim. Due to limited lifeguard staffing, the Breezeway and Carey outdoor pools are open only during summer season. DFMWR Sports hosts the Commander's Cup program for active-duty Soldiers and units, along with the 5K running series available to everyone. For more information, call 706-527-2393 and visit <https://benning.armymwr.com/categories/sports-and-fitness>.

6. Panel Updates:

a. Directorate of Emergency Services (DES) – Mr. Joseph Labranche highlighted the importance of the 988 Suicide and Crisis Lifeline due to historical trends of post-holiday depression triggered by the financial, emotional, and physical stress of the season. The 988 Suicide and Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, seven days a week, in the United States. The Text-to-911 system is available on Fort Benning and allows texting a message to 911 emergency call takers from your mobile phone or device. DES is the response arm for units with high-risk Soldiers on Fort Benning needing emergency services. Beware of a recent scam targeted at Soldiers in initial entry training or their first duty station. "The caller identifies themselves as [a non-commissioned officer] or first sergeant with [the Defense Finance and Accounting Service] or the local finance office and requests payment through a peer-to-peer money transfer app to 'rectify a military pay problem.'" For more information, call (706)-545-5223.

b. MACH - LTC Melinda Wallace briefed that MACH and Pharmacy will have normal operations during training holidays for patient care under the new Department of Health Agency. Call the appointment line at (762)-408-2273 to schedule an appointment. For more information, visit <https://martin.amedd.army.mil/>.

c. United Services Organization (USO) - Ms. Sarah Bostic briefed the USO will extend their unit morale booster drops to Soldiers in the barracks. Unit support opportunities are available upon request through their Facebook or home page. For more information, visit <https://georgia.uso.org> or <https://www.facebook.com/usogeorgia/>.

AMIM-BEW-A (608)

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

d. The Villages of Benning – Ms. Kimberly Collins briefed the upcoming events. The Villages of Benning will host a "But First Hot Cocoa" meet and greet for residents on 10 January 1530-1730. On 20 January is the Food Festival, in the McGraw Event Room, 1600-1800. Residents are encouraged to sign up and bring their Family's favorite ethnic dish. On 26 January, the Shred Event will take place in the Patton Community Center 1300-1700. For more information, visit <https://villagesofbenning.com/>. Mr. Strange, Chief of Garrison Housing, added that the Walking Town Hall for January is canceled and replaced with a Residents' Forum on 12 January in the ACS Auditorium, Building 7, beginning at 1800. This meeting is a follow-up to the 7 December meeting and will also review Winter Storm Elliott's impact on Fort Benning.

e. Commissary – Ms. Stacy White announced that Scholarships for Military Children are accepting applications for the 2023-2024 academic year through 15 February 2023. For more information, visit <https://www.commissaries.com>. The Commissary and AAFES partnered with Proctor and Gamble (P&G) to provide camps where military youths in grades 1-8 can enjoy activities led by NFL athletes. The winning installation qualifies for Pro Camps based on sales of designated P&G products at their local commissaries and exchanges from mid-March to mid-April. Select military children on ten installations will participate in P&G virtual Pro Camps during June and July. To win, vote for your community and purchase P&G products to lift the installation to be recognized with the largest sales. The Commissary holiday hours for 16 January, Martin Luther King Day, and 20 February, Presidents Day 16 January are 0900-1700. Commissary items will go on sale 12 February, supporting the Super Bowl, and on 14 February, Valentine's Day. The Commissary will begin carrying fresh seafood from Hawaii starting 15 February. Because of the Avian Flu Outbreak, eggs are limited to three cartons per purchase. For more information, visit <https://www.commissaries.com> or contact (706)-544-3966.

f. AAFES - Mr. Sam Shinault announced that all facilities will conduct inventories 22-26 January. The Main Exchange will close 23 January to conduct inventories. For more information, visit <https://www.facebook.com/FortBenningExchange/>. Every Wednesday is markdown Wednesday at the Exchange for clothing and shoes. AAFES will host a VIP meet and greet with American Country Music Singer-Songwriter Lee Greenwood on 21 January 1100-1400. For more information, visit <https://www.facebook.com/FortBenningExchange/>. COL Mahle announced the AAFES Troop Store on Sightseeing Road would close permanently on 13 January.

g. Garrison Chaplain - Mr. Stephen Paquette briefed that under Spiritual Wellness that the Chaplain's office would focus on Religion. Chapel services are conducted every Sunday on the installation. Check the Religious Support Office page for scheduled times. Mothers of preschoolers meet 2nd and 4th Tuesday 0900-1100. Wednesday is Family Night at the Chapel 1715-1930. Counseling services are available in the Religious Support Office. Protestant Women of the Chapel meet Thursday mornings at 0915 at the Main

AMIM-BEW-A (608)

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

Post Chapel. Catholic Women of the Chapel meet every Wednesday 0930-1200 at the Main Post Chapel. For more information, visit

<https://www.benning.army.mil/Garrison/Chaplains/index.html> or call (706-545-1760).

h. DFMWR - Ms. Patricia Lamson-Poeschel announced that the bowling center offers buy one game get one free for January. Food and bowling specials are available Fridays and Saturdays, and half-price entry at the Play Zone Mondays and Tuesdays. Milton E. Long Library hosts Storytime Wednesdays 1030-1130 for ages 0 – 6. ACS hosts virtual unit Soldier& Family Readiness Group trainings Thursdays 1000-1130. Register with Ms. Doyle at Yoselin.Doyle.civ@army.mil. On 13 January, Paintball-4-BOSS occurs at Woodland Paintball Field 1400-1600. This event is free for BOSS Soldiers. Spring Sports Registration begins 16 January-17 February. Register with CYS Parent Central at (706)-545-2079. Volunteer coaches are needed. On 19 January is the Smart Car Buying class in the ACS Auditorium, Building 7, 1300-1500. CPR and First Aid classes start 11 January in the Breezeway Complex 0900-1500. Lifeguard training is available for ages 15 and older. Register with Ms. Annerose Whitehead at annerose.whitehead.naf@army.mil. Babysitting classes are available for registration for ages 12-18 at Youth Sports, Building 1056, 0830-1700. ACS hosts Instructor Training Course 30-31 January. Contact Ms. Leslie Peter at Leslie.s.peter.civ@army.mil for registration. For more information on upcoming events, visit <https://benning.armymwr.com/#>.

i. Garrison Commander - COL Colin Mahle, in closing, highlighted the upcoming Superintendents meeting on 12 January with Georgia and Alabama representatives. In addition, proposed changes to Partners in Education alignment for units at Fort Benning. On 11 January, ACP 8 (Eddy Bridge), will incur minor delays due to Airborne Drops training events on Lawson Army Airfield. COL Mahle thanked the speakers, panel members, and the Fort Benning community for joining today's CLIF meeting.

7. For more information, see CLIF slides on the MWR Website at <https://benning.armymwr.com/programs/clif>

8. Meeting adjourned at 1146. The Next meeting is scheduled for 7 February at 1030.

//original signed//

LEONARD ANDREWS

Army Community Service (ACS) Specialist

CF: Panel members